



# Youth Mental Health First Aid

## February to June 2022 course calendar

“I would absolutely recommend it and have done so” - previous participant

Adults wanting to learn about youth mental health and how to support young people struggling with mental health problems can register for this 14 hour first aid certificate course. The course covers various mental health problems experienced by young people and is delivered using case studies.

### Course dates

- **Community Course** 5 February (full day) and 8 & 15 February (evenings) at the Kyneton Town Hall
- **Refresher Course** 26 March 9am -1pm at the Kyneton Youth Space
- **Schools staff blended Course** 12, 19 & 26 May online delivery
- **Community Course** 11 & 18 June (full days) at the Gisborne Administration Office

### Booking and fees

Due to COVID management requirements, numbers are strictly limited so please book early.

**Course fees: \$37.50** for residents of the Macedon Ranges | **\$190** for non-residents | **\$30** for a refresher course.

A course manual and refreshments are included.

To book or find out more, visit [mrsc.vic.gov.au/YMHFA](http://mrsc.vic.gov.au/YMHFA) or call Loren on 0429 466 207.



**Macedon Ranges**  
Shire Council



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