



# Youth Mental Health First Aid

## July–November 2021 course calendar

“I would absolutely recommend it and have done so” - previous participant

Adults wanting to learn about youth mental health and how to support young people struggling with mental health problems can register for this 14 hour first aid certificate course. The course covers various mental health problems experienced by young people and is delivered using case studies.

### Course dates

- 31 July, 3 and 10 August, at Kyneton Town Hall
- 18 and 25 September, at Lancefield Neighbourhood House
- 13, 16 and 23 November, at Gisborne Administration Centre

### Booking and fees

Due to COVID management requirements, numbers are strictly limited so please book early. **Course fees: \$37.50** for residents of the Macedon Ranges | **\$190** for non-residents | **\$30** for a refresher course.

A course manual and refreshments are included.

To book or find out more, visit  
[mrsc.vic.gov.au/YMHFA](http://mrsc.vic.gov.au/YMHFA) or call  
Loren on 0429 466 207.



**Macedon  
Ranges**  
Shire Council



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